The United States Pony Clubs, Inc.

STANDARDS OF PROFICIENCY FOR C-1/C-2-LEVEL CERTIFICATES

Our Mission:
The United States Pony Clubs, Inc., develops character, leadership, confidence and a sense of community in youth through a program that teaches the care of horses and ponies, riding and mounted sports.

Our Core Values:

H - Horsemanship with respect to health-care, nutrition, stable management, handling and riding a mount safely, correctly and with confidence
O - Organized teamwork including cooperation, communication, responsibility, leadership, mentoring, teaching and fostering a supportive yet competitive environment
R - Respect for the horse and self through horsemanship; for land through land conservation; and for others through service and teamwork
S - Service by providing an opportunity for members, parents, and others to support the Pony Club program locally, regionally and nationally through volunteerism
E - Education at an individual pace to achieve personal goals and expand knowledge through teaching others

Heights of Fences D to A* for Traditional Levels:

<table>
<thead>
<tr>
<th>Level</th>
<th>Height</th>
</tr>
</thead>
<tbody>
<tr>
<td>D-2</td>
<td>18&quot;</td>
</tr>
<tr>
<td>D-3</td>
<td>2'3&quot;</td>
</tr>
<tr>
<td>C-1</td>
<td>2'9&quot;</td>
</tr>
<tr>
<td>C-2</td>
<td>3'0&quot;</td>
</tr>
<tr>
<td>C-3</td>
<td>3'3&quot;</td>
</tr>
<tr>
<td>B</td>
<td>3'9&quot;</td>
</tr>
<tr>
<td>A</td>
<td>4'3&quot;</td>
</tr>
</tbody>
</table>

Heights of Fences for Show Jumping Levels:

<table>
<thead>
<tr>
<th>Level</th>
<th>Height Level</th>
<th>Height</th>
</tr>
</thead>
<tbody>
<tr>
<td>C-3</td>
<td>3'7&quot; – 1.10m</td>
<td></td>
</tr>
<tr>
<td>C-2</td>
<td>3'0&quot; – 1.15m</td>
<td></td>
</tr>
<tr>
<td>C-1</td>
<td>2'9&quot; – 1.30m</td>
<td></td>
</tr>
<tr>
<td>B</td>
<td>2'6&quot; – 0.78m</td>
<td></td>
</tr>
<tr>
<td>A</td>
<td>2'3&quot; – 0.69m</td>
<td></td>
</tr>
</tbody>
</table>

Dressage Specialty Levels:

- C-3 = First Level**
- B = Second Level**
- A = Third Level**

Explanation of H-HM/H/H-A Level:

H-HM: A candidate who passes all requirements of the H-A test and is also a C-3 member
H: A candidate who passes all requirements of the H-A test and is also a C-3 member
H-A: A candidate who passes all requirements of the H-A test and is also a C-3 member

HEADGEAR: A properly fitted equestrian helmet, securely fastened, containing certification that it meets or exceeds the criteria established by a national or international safety body, is required to participate in any USPC activity (see USPC Policy 0125A).
STANDARDS OF PROFICIENCY FOR C-1/C-2 LEVEL CERTIFICATES

THE C-1 STANDARD

Horse Management Expectations

The candidate should show a developing awareness of cause and effect in the care of own mount. He/she should be familiar with local common horse terms. Assistance is recommended in demonstration of bandaging.

Turnout/Tack

- Attire to be correctly formal or informal. Pony Club pin, medical armband, and a properly fitted equestrian helmet, securely fastened, containing certification that it meets or exceeds the criteria established by a national or international safety body, is required to participate in any USPC activity (see USPC Policy 0125A). Long hair neatly up or back. No inappropriate jewelry.

- Mount to be well groomed, reflecting regular care with a healthy coat; no sweat or dirt. Mane and tail brushed with little, if any, dandruff. External areas around sheath/udder clean. Feet picked out and reflecting regular farrier care. Eyes, nose, lips, dock clean.

- Tack to be safe, properly adjusted, supple and reflecting regular care. No jockeys or dust. All stress points clean. No cracked leather. Metal clean and polished and stirrup pads clean.

- Identify tack on own mount and discuss fit.

Conditioning

- Discuss the meaning and reasons for conditioning of mount.

- Describe how to condition mount for a particular Pony Club activity of your choice.

- Know the acceptable ranges for temperature, pulse and respiration for a mount at rest and the importance of these numbers.

Nutrition

- Describe how feeds are measured and weighed.

- Know amount and type of feed for own mount.

- Describe characteristics of good and bad feed, watering, and pasture.

Stable Management

- Discuss types of bedding appropriate for your area.

- Safely put a blanket on a mount.

- Demonstrate proper adjustment of blanket/sheet and halter.

- Discuss types and causes of stable vices.

- Describe and give reasons for three types of clipping.

- Describe conditions which foster internal and external parasites, procedure for parasite control in pasture and stall, ways to control flies, and bot eggs.

- Discuss general barn safety procedures for your barn or where your horse is stabled.

- Describe proper use of fire extinguisher and how to tell if it is fully charged.

Breeds, Pony Parts, Conformation & Lameness

- Identify good and bad points of basic leg conformation.

- Describe five common unsoundnesses as to location and outward appearance.

- Name three to four types of teeth found in a horses mouth.

- Name five coat colors or patterns which include white on the body.

- Name one breed that excels in each of these disciplines: racing, dressage, games, vaulting, eventing, foxhunting, hunter/jumper, endurance, driving and western.

Travel Safety

- Discuss basic equipment needed for mount’s safety and comfort during trailer travel.

- Demonstrate trailer safety check from trailer safety checklist on USPC website.

- Discuss safety precautions for riding on a trail including additional precautions during hunting season.

Record Book

- The C-1 is expected to keep a careful Record Book of all immunizations, veterinary visits, farrier visits, etc. The book must be brought to the test for review and critique. Must have records for at least 6 months. Records should reflect appropriate depth of knowledge for this level.

Health Care & Veterinary Knowledge

- Describe how to treat minor wounds.

- Discuss: Regular worming control for own mount; how and why to deworm new mounts in barn and use of fecal test.

- Know health care schedule for own mount including dates of inoculations (tetanus, encephalomyelitis, etc.), deworming, floating of teeth, shoeing.

- Know the reason for having a Coggins test done.

Introduction to Horse Sports

- List all the horse sports that are offered in USPC.

Teaching

- Demonstrate a safety and tack inspection for a D Pony Club member under direct supervision of Examiner.

- Explain to the D member the reason for the check, the process, and any safety issues found.

Land Conservation

- Name three different uses of land on which you, or others, ride. Examples: Farmland, fair grounds, crops, etc.

- If your region conducts an Eventing Rally, determine who owns the land where the rally is held and the total amount of acres owned.

- Identify one place in your area previously used for equestrian activities that is no longer available.

Leading & Longeing

- Discuss reasons for longeing.

- Discuss equipment necessary and safety procedures.

- Demonstrate jogging mount, moving mount actively forward from the whip, with smooth transitions.

Foot & Shoeing

- Discuss the five steps in shoeing.

- Recognize farrier tools and know their uses.

- Discuss causes of thrush and prevention.
STANDARDS OF PROFICIENCY FOR C-1/C-2 LEVEL CERTIFICATES

Bandaging
• Apply stable bandage under direct supervision and with assistance of examiner.

THE C-1 STANDARD
Riding Expectations
Candidate should ride with confidence and control on the flat and over fences, demonstrating a basic balanced position and use of natural aids. The candidate should begin riding mount freely forward in balance and rhythm while developing a light contact.

Riding on the Flat
• Ride on the flat consistently demonstrating riding expectations.
• Demonstrate suppling exercises for rider without stirrups at walk.
• Demonstrate mount’s warm-up routine for everyday work.
• Discuss candidate’s warm-up for both rider and mount with examiner using terms and understanding from the training pyramid.
• Work mount at walk, trot and canter, with smooth transitions, demonstrating straight lines on centerline.
• Perform 20-meter circles, and figure eights with simple transitions at each gait demonstrating correct bend.
• Ride without stirrups at the sitting trot.
• Demonstrate long rein, loose rein and light contact at walk.
• Discuss aids for and demonstrate a rein-back of 2-3 steps.
• Discuss aids for and then demonstrate a turn on the forehead.
• Discuss arena etiquette for riders at different gaits.
• Discuss performance with Examiner discussing the following: the rider’s basic balanced position, whether or not mount was moving freely forward in balance and rhythm, and whether rider established a light contact.

Riding Over Fences
• Ride over fences using Riding Expectations.
• Ride over small gymnastic grid of three fences finishing with an ascending oxer set at, but not exceed, 2’9” set at appropriate distances for mount’s stride.
• Ride over jump course of 6-8 obstacles; include a two-stride combination set at an appropriate distance for mount’s stride. The majority of fences should be set at, but not exceed, 2’9”.
• Discuss performance with Examiner, including rhythm, tempo and balance and ways ride could be improved.

Riding in the Open
• Ride safely with control in a group, on a suitable mount, at the walk, trot, and canter over varied terrain, through shallow water and small ditches as occur in natural terrain when available.
• C-1 speed should not exceed 325 meters per minute to 350 meters per minute.
• Discuss and demonstrate riding safely over varied terrain, incorporating as many of the following elements as local conditions allow: hills, small/shallow ditches, low banks, flat open areas and shallow streams.
• Ride over five to seven cross-country obstacles at appropriate speed (240-350 meters per minute). The majority of fences should be set at, but not exceed, 2’9”.
• Discuss performance with Examiner giving reasons for any disobediences.

THE C-2 STANDARD
Horse Management Expectations
The candidate should show a solid awareness of cause and effect in horse management skills. Assistance/supervision is allowed in the demonstrations of bandaging, longeing, and loading mount.

Turnout/Tack & Bits
• Attire to be correctly formal or informal. Pony Club pin, medical armband, and a properly fitted equestrian helmet, securely fastened, containing certification that it meets or exceeds the criteria established by a national or international safety body, is required to participate in any USPC activity (see USPC Policy 0125A). Long hair neatly up or back. No inappropriate jewelry. Boots polished and in good repair. Spurs (if used) polished and put on properly.
• Mount to be thoroughly groomed, reflecting regular care with a healthy coat; no sweat or dirt. Mane and tail brushed with little, if any, dandruff. Sheath or udder showing regular attention. Feet picked out and reflecting regular farrier care. Eyes, nose, lips, dock clean.
• Tack to be safe, clean and properly adjusted, reflecting regular care/conditioning with metal polished. No jockeys or dust, no cracked leather, and all stress points clean.
• Explain reasons for equipment used on own mount for flat work and over fences.
• Demonstrate proper adjustment and reason for tack used on mount.
• Name three different snaffle bits.
• Discuss the basic action of the snaffle bit.

Conditioning
• Present a written outline of a six-to-eight-week conditioning and feeding program in preparation for a specific competition of candidate’s choice.
• Know vital signs of own mount at work.
• Measure and record pulse, temperature and respiration of own mount at rest under supervision with assistance if necessary.

Nutrition
• Describe own mount’s ration when developing fitness, maintaining fitness, taking day off, sick, roughed out.
• Look at a feed label and identify sources of protein, carbohydrates, and fat (can bring own label).

Stable Management
• Describe caring for a mount efficiently and economically when: Stabled – feed and water schedule, minerals needed, clothing, exercise, grooming.
At grass – safety check of pasture, fencing, water, mineral supply, shelter, feed, and grooming.
STANDARDS OF PROFICIENCY FOR C-1/C-2 LEVEL CERTIFICATES

- Discuss knowledge of safety measures, preparation and care of mount and equipment on day of strenuous work, including feeding schedule, consideration of mount’s condition, consideration of climate and terrain, cooling out, treatment of any injuries, and making mount comfortable.
- Discuss pasture safety and fencing.
- Name three toxic plants in your area and describe appearance.
- Discuss emergency information that should be posted at all barns.

Breeds, Pony Parts, Conformation & Lameness
- Name five basic conformation qualities that you want in a mount for your own use, and how they affect the basic movement and soundness (i.e., sloping shoulder means longer stride).
- Discuss angles of shoulder and hip of own mount.
- Name and locate on a mount the following unsoundnesses: ringbone, curb, bowed tendons, sidebone, spavin, navicular, splint, thoroughpin, sprains.
- Identify and/or describe parts of the horse’s mouth to include bars, lips, incisors, molars, wolf teeth and canines.
- Differentiate between: tobiano and overo; dun and buckskin; grey and cremello.
- Discuss how conformation of own mount is related to breed.

Travel Safety
- Be able to load and unload, with assistance, an experienced, cooperative mount.

Record Book
- Record Book (health, maintenance, immunizations) must be kept up to date and brought to test. Must have records for at least 9 months prior to test. Records should reflect appropriate depth of knowledge for this level.

Health Care & Veterinary Knowledge
- List annual immunizations and health requirements appropriate for your area.
- List prevalent internal parasites in your area.
- Describe routine parasite prevention for your mount.
- Describe how tetanus and strangles are transmitted.
- Explain the need for the regular care of teeth.

Teaching
- Demonstrate knowledge of safe grooming, handling and tacking up by assisting a D-1 or D-2 to prepare for turnout under direct supervision of Examiner. Explain to the D member what the appropriate steps are and what safety procedures should be followed. Assess turnout and equipment for safety and explain to the D member any safety concerns and how to fix them.
- Candidate must bring a letter from DC that he/she is assisting in simple unmounted instructional programs for D-level Pony Club members with supervision.

Land Conservation
- Name the zoning requirements for the county in which you keep your horse. Example: A minimum of 10 acres is required to keep one horse.
- Know what public land is available for riding in your county.

Longeing
- Discuss methods, equipment, and safety precautions for longeing.
- Longe own mount, with assistance if necessary, at walk and trot in both directions in an enclosed area while demonstrating the correct use of equipment, body position, posture, and voice.

Foot & Shoeing
- Discuss reasons for shoeing versus not shoeing.
- Recognize and describe good and bad shoeing.
- If shod, discuss features of own mount’s shoes.
- Describe use of a foot poultice.

Bandaging
- Apply a shipping and stable bandage, under supervision of examiner, and give reasons for use.
- Discuss possible effects of poor bandaging.

THE C-2 STANDARD
Riding Expectations

Candidate should ride with confidence and control on the flat and over fences, demonstrating a secure balanced position and progress toward an independent seat and coordinated use of aids. The candidate should begin to initiate free forward movement, establishing balance and rhythm while developing a light contact.

Riding on the Flat
- Discuss the meaning of the Riding Expectations. Ride consistently demonstrating riding expectations.
- Demonstrate warm-up for flat work including rider exercises.
- Discuss candidate’s warm-up for rider and mount using terms and understanding the training pyramid.
- Discuss warm-up schedule for three different activities of candidate’s choice.
- Work mount at walk, trot and canter, changing directions at least twice in each gait, using coordinated aids, maintaining even rhythm, balance, impulsion and smooth transitions.
- Demonstrate 15-and 20-meter circles, figure-8s, serpentines and work on the center or quarter lines to develop suppleness and straightness.
- Demonstrate a free walk on a long rein, returning to a walk on contact.
- Halt squarely on centerline and stand quietly for five seconds.
- Ride mount without stirrups at all gaits.
- Demonstrate a rein back (2-3 simple steps back).
- Discuss aids for and then demonstrate leg yield at walk.
- Develop a hand gallop from a canter and return to canter smoothly.
- Discuss performance with examiner including the rider’s position, and whether mount was moving forward in balance and rhythm.
STANDARDS OF PROFICIENCY FOR C-1/C-2 LEVEL CERTIFICATES

Riding Over Fences
- Ride over fences using Riding Expectations.
- Discuss reasons for adjusting stirrups for different types of work.
- Ride over a simple gymnastic grid, finishing with an ascending oxer set at but not to exceed 3’ set at appropriate distances for mount’s stride at trot or canter.
- Develop a plan of how to ride a stadium course. Course to consist of 7-9 jumps. The majority of fences should be set at, but not exceed, 3’.
- Ride course according to plan.
- Discuss performance with Examiner, including the quality of canter maintained throughout the course and ways ride could be improved.

Riding in the Open
- Ride safely with control in a group, on a suitable mount, at the walk, trot, and canter over varied terrain, through shallow water and small ditches as occur in natural terrain.
- C-2 speed should not exceed 375 mpm.
- Demonstrate riding safely over varied terrain, as conditions allow. Discuss safety measures when riding over varied footing, i.e. water, mud, rocks, ice, bog, hard ground, sand, pavement.
- Ride over five to seven cross-country obstacles, at appropriate speed (350-375 mpm) connecting fences as a course. The majority of fences should be set at, but not exceed, 3’.
- Discuss performance with Examiner, giving reasons for any disobediences and suggested corrections.
STANDARDS OF PROFICIENCY FOR C-1/C-2 LEVEL CERTIFICATES

Information for C-1/C-2 Level Candidates

Requirements for All Candidates

- Be a Pony Club Member in Good Standing.
- Have a thorough knowledge of requirements of the level being tested and be able to discuss and/or demonstrate any requirements from all previously attained standards.
- Candidate must be evaluated on and successfully meet the standards on all sections of the selected test before being awarded the new certificate.
- Adhere to the USPC code of Conduct at all times.

Attire

Safe, workmanlike attire, including proper footwear, must be worn in the barn area and when working around mounts. Refer to the Horse Management Handbook.

Refer to C Standards of Proficiency, in this document, for proper Turnout and mounted attire.

An USPC medical information armband must be on the candidate’s person, as described by the Horse Management Handbook.

A properly fitted equestrian helmet, securely fastened, containing certification that it meets or exceeds the criteria established by a national or international safety body, is required to participate in any USPC activity (see USPC Policy 0125A) and must be worn during Turnout and when riding and longeing. Safety vest wear is at the discretion of the member, parent, or guardian.

Presentation of Mount for Turnout

Stand by mount, on near side, with Examiner, facing rear, reins in left hand below bit, slack in right, changing sides with Examiner.

Oral testing and/or demonstration are required for all parts of the horse management phases. Written tests are not allowed. However, at the discretion of the Examiner(s), members may use their own writing and/or drawing to convey their answers during the questioning and/or discussion periods of the test.

Appropriate Horse

USPC’s commitment to safety for all horses and riders is paramount during a testing at any level. Candidates may bring their own, borrowed, leased or rented mounts to a test. They may present with more than one mount at a test. The care of each of the candidates’ mounts at a test is the responsibility of the candidates themselves. It is the responsibility of the candidate and his/her parent(s) or guardian to bring to or arrange for an appropriate mount(s) at the test. The properly conditioned mount(s) must be capable of the skills required for the level being tested, to include standing for evaluation of the Turnout, bandaging and longeign. For the riding sections, the mounts must be capable of completing the flat, longeign and jumping phases at the heights indicated at the appropriate levels.

While not recommended, the sharing of suitable mounts at a test is allowed. However, sharing should only be permitted if 1) each proposed candidate is familiar with the mount and has longed or ridden it prior to the test, successfully and safely at the level being evaluated, On the Flat and Over Fences, as applicable; and 2) each proposed candidate informs the test organizer of condition and the test schedule. As the safety of horses and riders are paramount, if Examiners determine that shared mounts’ condition or other circumstances preclude the continued participation of those mounts in the test, they may indicate the candidates in question must withdraw from the test.

Failure to follow these guidelines will make it difficult for the candidate to meet the standards on that given day or testing experience.

Information on Conducting a Test

Please review the Guidelines for Club and Center-Level Testings found online at www.ponyclub.org.

Clubs and Centers must facilitate a testing opportunity for members a minimum of twice a year. Dates are determined by the District Commissioners (DC) or Center Administrators (CA). This may be done within the club/center, in partnership with another club/center, or organized by the Region. By networking with other clubs/centers within the Region to establish group tests with other clubs/centers, increased opportunities to rate can be made available to members.

At the D/C Levels, tests are designed to and should be conducted in one day. If, due to unforeseen circumstances (such as weather or footing), it is not possible to complete a test in one day, all requirements must be tested/completed within a one-month period if possible.

A testing should be educational, working session, covering requirements listed on the tested Standards. However, it is not a “lesson” on each section.

Oral testing and/or demonstration are required for all parts of the horse management phases. Written tests are not allowed. However, at the discretion of the Examiner(s), members may use their own writing and/or drawing to convey their answers during the questioning and/or discussion periods of the test.

There is no set time limit between taking any of the C-level Tests, but each certificate must be attained in the proper order, and no levels may be skipped. Usually the Horse Management skills and knowledge must be attained prior to presentation of or any riding skills evaluation. However, there may be exceptions due to weather and facilities. If the riding sections are evaluated prior to the Horse Management sections, then the award of the certificate must wait until the successful evaluation of the Horse Management section. Similarly, the On the Flat sections of the riding skills must be evaluated prior to presentation for the Over Fences evaluation. If members do not meet standard in any portion of the On the Flat section, they may present to the Over Fences section of the evaluation only with the approval of the Examiner. If they subsequently meet standards in the Over Fences evaluation, the award of the certificate must wait until the successful evaluation of the On the Flat is complete.

1/1/12
STANDARDS OF PROFICIENCY FOR C-1/C-2 LEVEL CERTIFICATES

The DC, CA, and/or an adult designated by the club, center, or Region, must be present throughout the testing day. In addition, USPC strongly encourages the use of “Impartial Observers” at the tests.

Retest Information
Upon recommendation of the Examiner and with approval of the DC or CA, a candidate who does not meet standards at a test may be retested within one month. They are only required to retest the sections of the standards the candidate did not previously meet successfully. In general, retest opportunities are only available if the member meets standards on at least two-thirds of the skills or knowledge expected in each section. Please refer to each test sheet for each certificate level for specific requirements for retests.

Examiners (D-1 through C-2)
Please review the Guidelines for Club and Center Level Testings found online at www.ponyclub.org

The DC, CA, or in the case of a regional testing, the RS, selects the Examiners for the D-1 through C-2 tests, based on recommendations of USPC leaders and volunteers and/or participation in a regionally-facilitated Standards of Proficiency clinic.

Examiners should be selected with care, should be completely knowledgeable of the Standards of Proficiency at the level(s) they are testing, as well as the level(s) above and below the one(s) they are testing. DCs, CAs, or RSs must ensure that Examiners have a copy of all current USPC Standards, test sheets, and study guides prior to the test.

Examiners should be mature and sensitive to both young people and their adult supervisors.

Examiners must conduct tests in an educational framework, setting a positive tone that makes every effort to draw the best from each candidate, without allowing the test to become a lesson on the skill in question.

While the test is intended to be a learning experience, Examiners should take care to encourage the candidates to express what they know, rather than a demonstration of what the Examiner knows.

Examiners should bear in mind that candidates and their responses and performances may range from adequate to superior, and anyone within that range, that “Meets Standard” or better, should pass.

Responsibilities and Authorities
The USPC Vice President of Instruction is responsible for the Standards of Proficiency and the general USPC certification program. While the actual management may be delegated, for club/center level tests, the club DC or CA is responsible for the scheduling, organizing, and conduct of the tests. This may be in coordination or cooperation within the Region or other clubs/centers.

Any special testing requests, including exceptions or exemptions, must be submitted to the USPC National Office, Attention: Director of Instruction, through the District Commissioner and the Regional Supervisor. The Director of Instruction forwards exceptions or exemptions requests to the Chair, D-1 through C-2 Program Committee, for recommendations. The Vice President of Instruction is the final approval authority.
Over Fences

C-1 Level

a. Gymnastic Jumping Exercises

Use 4 trot poles placed at 3'6" to 4'6" apart, according to mount's size. You might need to set different distances inside the gymnastic line as well.

b. Course Work

6 to 8 fences, 1/3 of which should be oxers. Set the majority at 2'9". Course should include related distances and one 2-stride combination.

Over Fences

C-2 Level

a. Gymnastic Jumping Exercises

Use 4 trot poles placed at 3'6" to 4'6" apart, according to mount's size. You might need to set different distances inside the gymnastic line as well.

b. Course Work

7 to 9 fences, 1/3 of which should be oxers. Set the majority at 3'. Course should include related distances, bending line and one 1-stride combination.